



REST

I find myself increasingly around aggressive, almost obsessive, people. I love them, and have the pleasant surprise of meeting them in many aspects of life: colleagues turn late hours into high research throughput, sporty friends train for tournaments to quality for harder tournaments, the organically inclined are AWOL for weeks at a time in the mountains. Obsession is eventually interrupted by the need for rest.

Rest takes many forms, as we explore on the cover of this zine. We invite the reader to think of the nonobvious ways in which they rest, especially from their "obsessions." What tools help us rest best? Efforts to rest can end up being jarringly painful or terrifying.

Still we learn to try again and again to rest, because without it we cannot continue our obsessions.



CHOOSE YOUR PLAYER

SYNTHETIC DOWN

COMFORT	██████████
FIRMNESS	██████████
PORTABILITY	██████████
PILLOW FIGHT	██████████
SENTIMENT	██████████
SPECIALTY MOVE	SNOW EFFECT +1

SLEEP

BODY PILLOW

COMFORT	██████████
FIRMNESS	██████████
PORTABILITY	██████████
PILLOW FIGHT	██████████
SENTIMENT	██████████
SPECIALTY MOVE	RECOVERY +1

SLEEP

MEMORY FOAM

COMFORT	██████████
FIRMNESS	██████████
PORTABILITY	██████████
PILLOW FIGHT	██████████
SENTIMENT	██████████
SPECIALTY MOVE	COGNITIVE FUNCTION +1

SLEEP

YOUR ARM

COMFORT	██████████
FIRMNESS	██████████
PORTABILITY	██████████
PILLOW FIGHT	DISALLOWED
SENTIMENT	██████████
SPECIALTY MOVE	RESOURCEFULNESS +1

SLEEP

SOMEONES SHOULDER

COMFORT	██████████
FIRMNESS	██████████
PORTABILITY	██████████
PILLOW FIGHT	DISALLOWED
SENTIMENT	██████████
SPECIALTY MOVE	LONELINESS -1

SLEEP

NECK PILLOW

COMFORT	██████████
FIRMNESS	██████████
PORTABILITY	██████████
PILLOW FIGHT	██████████
SENTIMENT	██████████
SPECIALTY MOVE	WORLDLINESS +1

SLEEP

PILE OF SWEATERS

COMFORT	██████████
FIRMNESS	██████████
PORTABILITY	██████████
PILLOW FIGHT	██████████
SENTIMENT	██████████
SPECIALTY MOVE	NOSTALGIC SCENT +1

SLEEP

SONG DYNASTY CERAMIC PILLOW

COMFORT	██████████
FIRMNESS	██████████
PORTABILITY	██████████
PILLOW FIGHT	DEADLY
SENTIMENT	██████████
SPECIALTY MOVE	TEMPERATURE CONTROL +1

SLEEP

Sleep Demon HP ██████████

YOU HP ██████████

What will you do?

PARALYSIS

NOT FIGHT NOR FLIGHT, BUT STILLNESS IS THE MOVE

IT'S BREATHTAKING YOU KNOW SO FEARSOME, HE'S LEERING

A MOMENT PASSES, CHEST RELAXES, BREATH WHISTLES, EYES TEARY



REST